**Sally Saltwater**

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**Education**

Indiana University May 2018

School of Public Health, Bachelors of Science Bloomington, IN

Major: Community Health

Minor: Global Health

**Health Experience**

IU Bloomington Hospital August 2015-December 2015

*Healthcare Shadow* Bloomington, IN

* Shadowed Obstetricians tasks on the pediatric floor in order to gain insight on daily tasks on a pediatric floor
* Experienced the day-to-day activities and roles of the nurses, including checking up on patients, filling out charts to understand nursing responsibilities
* Gained overall insight on expanding higher education after graduation through the influence of the hospital

**Leadership Experience**

Indiana University Step UP! Facilitator Training January 2016-present

*Bystander Intervention Program Trainer* Bloomington, IN

* Expand techniques on how to intervene and make a difference in certain situations
* Communicated effectively with those in need and increase motivation to help
* Contribute to a Culture of Care within the Indiana University campus in order to increase awareness about campus issues
* Raise awareness of student life issues by connecting with other facilitators and working cohesively to attain the proper goals
* Assisted in facilitating a presentation given to freshmen athletes at Indiana University

IU Field Hockey Team August 2014-May 2015 *Captain* Bloomington, IN

* Developed strong team work skills while learning the importance of problem solving as a unit
* Acquired the ability to be efficient in time management in order to have a strong balance of responsibilities
* Identified strong work ethic while understanding the importance of effective communication in order to effectively manage the team